

















M.C.H.S. LUNCH MENU

SEPTEMBER 2010



Monday	Tuesday	Wednesday	Thursday	Friday
  	<p>"KICK - START" YOUR DAY WITH BREAKFAST IN "THE CAFE"</p> 			
<p>SEPT 6</p> <p>NO SCHOOL LABOR DAY!!</p>  	<p>SEPT 7</p> <p>PORK TENDERLOIN ON WHEAT BUN TATER TOTS MIXED VEGETABLES APPLESAUCE</p> <p>OR CHICKEN HOAGIE COMBO</p>	<p>SEPT 8</p> <p>PASTA W/ MEAT SAUCE GARLIC BREADSTICK PEACHES PEAS AND CARROTS</p> <p>OR BAC DBL CHZ COMBO</p>	<p>SEPT 9</p> <p>BEEFY NACHOS SPANISH RICE REFRIED BEANS OATMEAL COOKIE</p> <p>OR BBQ RIBETTE COMBO</p>	<p>SEPT 10</p> <p>SOFT WHEAT PRETZEL STIX W/CHEESE BROCCOLI BLUEBERRY MUFFIN</p> <p>OR "FUN FRIDAY" COMBO</p> 
<p>SEPT 13</p> <p>MOZZARELLA STUFFED BREADSTICKS W/SAUCE CORN PEACHES</p> <p>CHEESY GARLIC FLATBREAD</p>	<p>SEPT 14</p> <p>SOFT SHELL TACOS W/ SALSA FIESTA RICE MIXED FRUIT</p> <p>OR CHICKEN TERIYAKI COMBO</p>	<p>SEPT 15</p> <p>½ Day Attendance No Lunch Served</p>	<p>SEPT 16</p> <p>BREADED FISH SANDWICH ON WHEAT BUN MAC AND CHEESE PEAS AND CARROTS</p> <p>OR PIZZA PUFF COMBO</p>	<p>SEPT 17</p> <p>SLOPPY JOE ON WHEAT BUN SWEET POTATO TATER TOTS GIANT CINNAMON GOLDFISH PINEAPPLE</p> <p>OR SPICY WINGS COMBO</p>
<p>SEPT 20</p> <p>BREAKFAST ON A STICK WITH SYRUP HASH BROWNS ORANGE SECTIONS</p> <p>OR CHICKEN STRIPS COMBO</p>	<p>SEPT 21</p> <p>BBQ CHICKEN SANDWICH ON WHEAT BUN SMILES POTATOES PASTA SALAD TEDDY GRAHAMS</p> <p>OR TOTALLY TACOS COMBO</p>	<p>SEPT 22</p> <p>MOSTACCOLI GREEN BEANS FRUIT COCKTAIL YELLOW CAKE W/ ICING</p> <p>OR BAC DBL CHZ COMBO</p>	<p>SEPT 23</p> <p>HOMEMADE CHILI W/CHEESE CORN BREAD APPLE SLICES</p> <p>OR CHICKEN RINGS COMBO</p>	<p>SEPT 24</p> <p>"CORN FEST" CORN DOG POTATO WEDGES CORN MANDARIN ORANGES</p> <p>OR GRILLED CHEESE COMBO</p>
<p>SEPT 27</p> <p>HOMEMADE MEATLOAF WHIPPED POTATOES/GRAVY PINEAPPLE TIDBITS COOKIE</p> <p>OR POPCORN CHICKEN COMBO</p>	<p>SEPT 28</p> <p>LEMON CHICKEN RICE PILAF MIXED VEGETABLES MIXED FRUIT</p> <p>OR QUESIDILLA COMBO</p>	<p>SEPT 29</p> <p>CHEESE RAVIOLI W/SAUCE GARLIC BREADSTICK GREEN BEANS GIANT CINNAMON GOLDFISH</p>  <p>OR BAC DBL CHZ COMBO</p>	<p>We are offering more whole wheat choices and all of our entrees are OVEN BAKED</p>	  

				
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